

Freestyle Disco			Guidance
Wednesday	Juvenile Disco	5:30-6:15	4-11 years
Wednesday	Junior Disco	6:15-7:00	12-15 years
Wednesday	Senior Disco	7:00-7:45	15+ years

Contemporary & Conditioning			
Tuesday	Junior Class	4:30-5:00	6+ years
Friday	Junior Class	6:30-7:00	6+ years
Wednesday	Senior Class	5:30-6:15	12+ years
Saturday	Senior Class	1:00-1:30	12+ years

Musical Theatre			
Saturday	Junior MT	1:30-2:15	4+ years
Saturday	Senior MT	1:30-2:15	4+ years

Gymnastics			
Monday	Juvenile Gym	6:00-6:30	3-7 years
Saturday	Juvenile Gym	9:45-10:30	3-7 years
Monday	Junior Gym	5:30-6:00	8+ years
Saturday	Junior Gym	9:45-10:30	8+ years
Wednesday	Senior Gym	7:45-8:30	12+ years

Street Dance			
Monday	Juvenile Street	5:30-6:00	3-7 years
Friday	Junior Street	6:00-6:30	5+ years
Saturday	Junior Street	2:15-3:00	5+ years
Friday	Boys Street	6:00-6:30	5+ years
Saturday	Senior Street	2:15-3:00	12+ years
Tuesday	Adult Street	8:45-9:15	17+ years

Cheerleading			
Tuesday	Senior Cheer	7:00-7:45	12+ years
Friday	Junior Cheer	5:00-6:00	5+ years

Acrobatics (Gym skills required)			
Tuesday	Acrobatics	4:00-4:30	All Ages

Dance Fitness - Fun Fitness Class!			
Monday	All Ages/Abilities	7:30-8:15	17+ years

Modern			
Tuesday	Adult Modern	7:45-8:15	17+ years

MJDC Starlets	Audition Only	5:00-6:00	5-10 years
MJDC Junior Allstars	Audition Only	5:00-6:30	11-13 years
MJDC Senior Allstars	Audition Only	5:30-7:00	14+ years